

ELEMENTS OF PRACTICE

Developed by: SYNLawn & Dave Pelz

EOP #1: 3-foot Circle Game – for practicing 3 foot putts.



An easy practice game for all skill levels:

- + "Short putts are the most common shots in Golf. Almost half of putting ... is short putting."
 - Dave Pelz's Putting Bible.
- + PGA TOUR Pros make 95% of their 3-foot putts while 20+ handicap Amateurs make 81% in play..
- Remember, short putts sometimes break a little bit.
 That's why practicing the 3' Circle Game will help every golfer putt better." – Dave Pelz
- + This EOP requires an 8 ft. diameter circle area of constant slope with a cup (hole) in the center. The constant slope should be either at a 2% grade (slight-breaking) or at a 4% (serious-breaking) grade.

Game Set-up: Roll several putts to a hole to first determine the "fall-line" of the slope around the cup. Then place a sticker on the green 3-feet directly above, and a sticker directly below the cup on the exact fall line. Next use a putter to create 8 more positions (for a total of 10) around the hole (see photo). Place a sticker at each of the 10 locations around the hole (in addition to the initial fall-line stickers: this will leave two stickers on the fall line positions.

Now Putt: Place one golf ball at or on the fall-line sticker below the hole, then position four more balls on the next sticker positions in a counter-clockwise direction. Putt these 5 balls in sequence, rotating to the next sticker with each putt. Five balls will fill up the cup, so remove the balls and set them up again at the next five stickers (still moving counter-clockwise), then putt them again. As you proceed around the circle you will see that each putt breaks a different amount.

There are two locations where the break will always be zero – straight uphill and downhill along the fall-line. Keep putting until you make all 10 putts in a row (start over when miss one). As you practice this drill and improve your short putting ability, you can increase the goal number of putts made without a miss gradually. You will see your short putting improve on the course because of both your newfound familiarity with how much 3-foot putts break, and your improving stroke.

